

JUNE 6-7, 2016 • TAN-TAR-A RESORT • OSAGE BEACH, MO

22<sup>nd</sup> Annual  Missouri  
**WORKERS' COMPENSATION**  
**C·O·N·F·E·R·E·N·C·E**

**SUNDAY • JUNE 5, 2016**

**4 - 6 p.m. Early Check-In**

Tan-Tar-A Resort

**MONDAY • JUNE 6, 2016**

**7:30 a.m. - 1 p.m. Golf Tournament to Benefit Kids' Chance**

7:30 a.m. Tournament Registration and Breakfast

8 a.m. Four-Person Scramble

1 p.m. Winners Announced and Prizes Awarded

The Oaks at Tan-Tar-A

**8 a.m. - 1 p.m. Conference Check-In and Registration**

**9 - 11:30 a.m. Early Bird Sessions**

**9 - 10:15 a.m. Sessions**

**ATTENDEE'S CHOICE**

**Advanced Office Ergonomics**

Paul Krewson, *OTR/L Ergonomist, Peak Ergonomics*

In this dynamic class we cover how ergonomics in the office can prevent injury and raise productivity. We cover workstation layout, show stretches and how to avoid static postures.

Salon B

**Workers' Compensation from Beginning to End**

Ken Cain, *ALJ, Division of Workers' Compensation*

The legal rights and responsibilities of both employees and employers will be discussed, along with tips for complying with various laws and avoiding potential pitfalls.

Salon A

**Hip Preservation and Replacement: Impingement and Labral Tears**

Dr. Scott Wingerter, M.D., Ph.D., *Dickson-Diveley Midwest Orthopaedic, LLC*

An overview of diagnosis and treatment of hip impingement and labral tears.

Redbud

**OSHA Update and Changes in 2016**

Todd Sieleman, *Compliance Assistant Specialist, OSHA- Kansas City Area Office*

This session provides information on current OSHA initiatives, strategic plan, emphasis programs and inspection activity. It also examines proposed rule-making and agency goals going forward.

Rooms 62/63/64

## 10:15 - 11:30 a.m. Sessions

ATTENDEE'S CHOICE

### Abdominal Wall Hernias in the Workplace

Dr. Christopher Pruett, MD, *Pruett Surgical Associates*

Dr. Pruett discusses mechanisms of injury and various types of hernias. He discusses open versus laparoscopic hernia repair and addresses return to work and MMI/final ratings.

Redbud

### Prevailing Factor and Pre-Existing Injury

Daniel Brown, *Attorney at Law, A Professional Corporation*

A discussion on the relationship between prevailing factor standard of causation and pre-existing injuries, illnesses and medical conditions.

Salon B

### Standing Vs. Sitting: Is It All or Nothing?

Eileen Belton, *Ergonomic Consultant* and Rhonda Hughes, *Program Coordinator, Missouri Assistive Technology*

Learn what research is saying about the benefits to consider with this type of standing workstation as well as the drawbacks. Hear about best practices for implementation and management of a standing workstation in a traditionally seated computer workstation environment.

Rooms 62/63/64

### What is a "Hazard" Under the Workers' Compensation Act?

J. Bradley Young, *Attorney, Harris, Dowell, Fisher & Harris L.C.*

A review of how the Missouri Labor and Industrial Relations Commission and Missouri Court of Appeals define a hazard, and how this changing definition affects the compensability and defense of claims.

Salon A

## 11 a.m. - Noon Lunch for Exhibitors

Windgate Hall

## 11:30 a.m. - 12:30 p.m. Lunch for Attendees

Parasol I

## Noon Exhibit Hall Opens

## 1 - 1:15 p.m. Welcome

Salon A

## 1:15 - 2:30 p.m. Case Law Review 2015-2016

Chris Archer, *Attorney, Archer, Lassa and McHugh LLC*; B. Michael Korte, *Attorney, The Korte Law Firm, LLC*

A review of Missouri workers' compensation cases decided by Missouri courts and the Missouri Labor and Industrial Relations Commission between April 2015 and April 2016.

Salon A

## 2:30 - 3 p.m. Refreshment Break/Visit Exhibitors

Windgate Hall

## 3 - 4:15 p.m. Sessions

ATTENDEE'S CHOICE

### Medical Treatment Past and Future, Prior to and Post Settlement/Award: The Never Ending Claim

Randy Alberhasky, *Attorney, The Alberhasky Law Firm, PC*; Ellen Morgan, *Attorney, Law Offices of Ellen Morgan, LLC*

This presentation will focus on the standard of proof required to establish compensable treatment and the various procedural methods for obtaining reimbursement of medical bills and treatment before and after an Award is issued.

Salon A

### Mitigating Cost Drivers in Workers' Compensation - Integrated Case Management Works!

Linda Van Dillen, RN, BA, CCM, *CompAlliance*

Current trends and cost drivers in workers' compensation cases and how an integrated case management approach can mitigate the costs of the claim will be discussed. Analysis of claims cost, including a method to quantify these comorbidities and their impact on claims cost will be presented.

Salon B

### Pain Management Doesn't Have to Be Painful. Why a Psychiatrist?

Dr. Patricia Hurford, MD, M.S., *Orthopedic Sports Medicine and Spine Care Institute*; Dr. C. Lan Fotopoulos, MD, *Dickson-Diveley Orthopaedics*

Pain management does not have to be painful for the workers' compensation world. Dr. Fotopoulos will discuss the training and benefits of psychiatric physicians in diagnosis and treatment of spinal and musculoskeletal issues.

Rooms 62/63/64

## Workers' Compensation Fraud & Noncompliance

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Charles "Calvin" Crandall, *Division of Workers' Compensation, Fraud Unit*

Discussion will include the history of the Fraud and Noncompliance Unit, what is noncompliance, what is and isn't fraud and how we can work together to combat fraud.

**4:15 - 5:30 p.m. Reception**

Windgate Hall

# TUESDAY • JUNE 7, 2016

**7:30 - 8:45 a.m. Breakfast/Exhibit Hall Opens**

Windgate Hall

**8:45 - 10 a.m. Sessions**

ATTENDEE'S CHOICE

### How to Have an Effective Mediation

Parasol II

Lee Schaefer, *CALJ*; Robert House, *CALJ*; Paula McKeon, *CALJ*; Robert Dierkes, *CALJ*; Lawrence Kasten, *CALJ*; Victorine Mahon, *ALJ*; Robert Miner, *ALJ*

Administrative law judges offer tips, comments and general discussion of mediation techniques from each of the Division offices. Judges will provide insight and information in a question and answer format.

### OSHA v. Workers' Compensation: Improving Record Keeping

Salon B

Nicole Thompson, *Division of Workers' Compensation, Workers' Safety Program*

This presentation covers the differences between injury and illness recordkeeping for OSHA and workers' compensation purposes. It will explain how to properly manage an employee's care after an injury, discuss some unique program management challenges faced by employers who act as their employee's healthcare provider, either by being a healthcare facility or by operating a first aid or wellness clinic.

### Lisfranc Injuries in WC Injuries

Redbud

Dr. Alan Zonno, MD, *Rockhill Orthopaedic Specialists, Inc.*

The surgical and nonsurgical management of Lisfranc injuries in the workplace will be discussed. It will include brief descriptions of the relevant mid-foot anatomy, mechanisms of injury, patient evaluation and expected outcomes.

### Fit for Employment – A Claimant and Employer Perspective

Rooms 62/63/64

Lorne Baker, *Attorney, Mandel & Mandel, LLP*; Sarah Pritchett, *Attorney, Evans & Dixon, LLC*

This will be a discussion regarding the impact of prescription drugs and returning employees to work.

**10 - 10:30 a.m. Last Chance to Visit with Exhibitors**

**10:30 - 11:45 a.m. Sessions**

ATTENDEE'S CHOICE

### Avoiding Unnecessary Delays: Getting to Final Hearing Within Two Years

Salon B

Bob Mandava, *Attorney, Hammond and Shinnors, P.C.*; Scott Wilson, *Attorney, Hines & Wilson Law Firm*; David Zerrer, *ALJ*; Jared Vessell, *Attorney, Vessell, Bridges and Murphy Law Offices*

This will be a panel discussion regarding the best strategies to keep cases moving toward a final resolution. We will review some of the most common hurdles and discuss ideas to overcome these.

### Just Do It! Setting Up a Return to Work Temporary Restricted Duty Program From Scratch.

Parasol II

Jim Akers, *Parkway School District*; Dave Padgett Sr., *K & S Wire Products Inc.*

This session covers the basics of setting up a return to work program for employees who sustained a work-related injury and are returning to work with temporary restrictions, whether it be their regular position or an alternate. Make a return to work process successful by educating the employee on the procedures, communicating with medical providers and managing the employee's care.

## **A Real Pain in the Neck: Detecting Malingering and Symptom Magnification in the Injured Worker and Pitfalls of Opioids in Workers' Compensation**

Rooms 62/63/64

Dr. Helen Blake, MD, *Pain and Rehabilitation Specialists*; Dr. Brian D. Meek, MD, *Advanced Bone and Joint*  
Sometimes patients seem to have symptoms and concerns that can't quite be explained by their injury. We will explore strategies to identify and manage these situations so we can best serve our patients' needs. This discussion focuses on the magnitude of opiate crisis, the scientific basis of the effect, and the specific recommendations to curb the problem.

## **Ergonomic Risk Assessments and Advancements in Healthcare**

Redbud

Dr. Tammy J. Allen, Ed.D.; *University of Central Missouri*

Attendees will learn risk assessment techniques to identify ergonomic hazards in the healthcare environment along with identifying controls of the ergonomic hazards with new state-of-art equipment to reduce the ergonomic stressors on the RNs, LPNs and CNAs. Risk assessment matrix software will be shared to show an approach to conduct the assessments as a tool.

## **11:45 a.m. - 1 p.m. Lunch**

Salon A

## **1 - 2:15 p.m. Sessions**

ATTENDEE'S CHOICE

### **Understanding and Resolving Issues Regarding ERISA, Medicare, Medicaid, Disability Benefits and Unpaid Medical Bills**

Salon B

Jill Bollwerk, *Attorney, Bollwerk & Tatlow, LLC*; Nancy Mogab, *Attorney, Mogab and Hughes Law Firm*

Disputes regarding past medical bills and future medical costs can be a hindrance to settling any case. Employer-sponsored health plans under ERISA may seek reimbursement. Medicaid and Medicare will want their money back. Social Security may offset a worker's benefits. And, of course, Medicare's interests must be considered regarding future medical. We will discuss practical ways of tackling these difficult obstacles to settling cases.

### **From Pre-employment to Return to Work: Understanding the Care Continuum**

Rooms 62/63/64

Jeff Weeks, *OTR/L, COO, ARC Physical Therapy+*

The presentation will address how to get employees back to work, how to hire the right people and how to maintain a healthy workforce.

### **Course and Scope After Johme**

Parasol II

Christine Kiefer, *Attorney, Van Camp Law Firm*; Jared Vessell, *Attorney, Vessell, Bridges and Murphy Law Offices*

Course and scope of employment has an evolving meaning. One plaintiff and one defense attorney will discuss what it takes for an injury to be compensable, especially in light of Johme.

### **Advanced Cross-Sectional Imaging of Brain and Spinal Injuries**

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Dr. Kishan Yalavarthi, MD, *Center for Diagnostic Imaging*

Dr. Yalavarthi will discuss the basics of MRI and CT, how and when to use them for common brain and spinal injuries. He will show many interesting cases of various injuries that he commonly sees and discuss possible outcomes and treatments.

### **Injured Workers Have Options**

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Dr. David Raskas, MD, *Orthopedic Sports Medicine & Spine Care Institute*

A discussion on how minimally invasive spine procedures can help speed up recovery time and get patients back to work sooner with positive outcomes. He will introduce Coflex, a non-fusion spinal stenosis treatment option and how it outweighs a fusion.

Thank You for Attending This Year's Workers' Compensation Conference

**SAVE THE DATE FOR 2017**

**JUNE 5-6 • TAN-TAR-A RESORT**